

OHHS Physical Education Department

Course Syllabus



Course Name: Racket Sports
Course Code: HFO109

Course Description:

This course consists of racket and paddle sports. A heavy emphasis will be placed on skill development and strategy of each of these activities through instruction and tournament play. Fitness and conditioning activities will also be addressed.

State and National Fitness and conditioning activities will also be assessed.

Prerequisites

Completion of Foundations of Physical Education or permission.

Course Resources

Students Provide:

Folder

Pencil

Sweatshirt/T-Shirt

Tennis(Athletic)Shoes

Sweats/Shorts

Course Fees

None

Course Outline/Instructional Units

1. Tennis
2. Pickleball
3. Badminton
4. Speedminton

Major Assessments

1. Formative Daily Assessments
 - a. Students will be assessed on their daily participation, quality of work and the completion of assigned tasks. The most successful student will be able to demonstrate:
 - b. the mastery of physical skills, knowledge, leadership and teamwork necessary to participate in a High School based Physical Education and Team Sports Program.
 - c. their best effort/performance on a daily basis.
 - d. responsible, respectful and accountable behavior.
 - e. a positive work ethic and a mature level of self-motivation and self-direction.
 - f. the ability to work independently, with other students and the ability to follow directions.
 - g. a consistent pattern of being prepared to perform each day in class.
 - h. a non-apathetic, but energetic student ready to face the many challenges ahead of them.
 - i. proper exercise and sport skill techniques, safety procedures as well as proper use of the equipment.
2. Written tests
3. Skills tests
4. Fitness gram fitness evaluation
5. Daily Journal
6. OSPI CBA

Extra Help

Teachers will provide information regarding tutoring in classroom procedures. Students are encouraged to take advantage of tutoring opportunities and assistance will be offered in class.

RE-DO POLICY:

OHHS is an effort based school where we believe all students can learn. We also know that students learn at different rates. Thus, we are implementing a re-do policy that recognizes the needs of individual learners.

- 100% Re-do
 - o Assessments (with exception of the Final semester exam)

- o Key Assignments: Evidence that demonstrates mastery of a standard
- Teachers may:
 - o require completion of supporting assignments prior to re-do opportunities for students to show they can meet the standard.
 - o require students to complete re-do of work outside of class time.
 - o limit the number of re-do opportunities for each assignment.
 - o assign zero grades when students choose not to do key assignments and/or assessments to standard.
- All opportunities for re-do work will come with a deadline as assigned by the teacher.

Weighted Categories

Set department categories and weighting

Category	Percentage of Overall Grade
Daily Formative Assessment	70%
Projects/Presentations	20%
Unit Summative Assessments	10%

Grading Scale:

Regular Scale	
Letter Grade	Percentage
A	93% and Above
A -	90%-92.99%
B+	87%-89.99%
B	83%-86.99%
B-	80-82.99%
C+	77%-79.99%
C	73-76.99%
C-	70-72.99%
D+	67%-69.99%

D	60%-66.99%
F	59.99% and Below

OHHS PLAGIARISM POLICY:

Any student, who knowingly turns in any work that has been done by someone other than himself or herself, and fraudulently represents it as his/her own, shall be considered to have cheated. Cheating also includes: aiding someone else in cheating, the use or preparation of written, pictorial, electronic or other materials not authorized by the instructor during a test or assignment, the use of testing materials obtained previous to the test date, or plagiarism of any kind. Students found cheating will also be subject to an office referral, which could result in a suspension. As an effort based school, students who have plagiarized/cheated must still demonstrate their learning. Thus, students will be given the opportunity to complete the work. This will fall under the "Late Work Policy" of the teacher where total possible points may be reduced.