

**OHI  
BREAKFAST  
MENU**



**OCTOBER  
2021**



*A Variety of Fresh or Canned Fruit w/  
Low-Fat and Fat-Free Milk*

				10/01 <b>Ham and Cheese Muffin</b>
10/04 <b>Egg and Cheese Muffin</b>	10/05 <b>Cheese Omelet</b>	10/06 <b>Turkey Sausage and Cheese Biscuit</b>	10/07 <b>Mini Maple Waffles</b>	10/08 <b>Blueberry Muffin Square w/ Sausage</b>
10/11 <b>No School</b>	10/12 <b>Ham and Cheese Muffin</b>	10/13 <b>Breakfast Bowl</b>	10/14 <b>Sausage and Egg Breakfast Burrito</b>	10/15 <b>Turkey Sausage &amp; Cheese Sandwich</b>
10/18 <b>Pancakes w/ Sausage</b>	10/19 <b>Egg and Cheese Muffin</b>	10/20 <b>Turkey Sausage and Cheese Biscuit</b>	10/21 <b>Ham and Cheese Muffin</b>	10/22 <b>Chef Choice Muffin Top w/ Sausage</b>
10/25 <b>Sausage Breakfast Pizza</b>	10/26 <b>Pancake Bites w/ Cinnamon and Sugar</b>	10/27 <b>Maple Brown Sugar Oatmeal Cups</b>	10/28 <b>Egg and Cheese Muffin</b>	10/29 <b>French Toast w/ Bacon</b>