



Week 1: Optional Home Learning Guide - 7th Grade

[Accessing School Technology from Home](#)

Reading and Writing	<p>30-60 minutes daily</p> <ul style="list-style-type: none">● Tuesday -- Read a chapter from a book of your choosing; write a 1-2 paragraph summary of the chapter.● Wednesday -- Watch 15 minutes of news or read a news article from a web site of your choosing; write 5 facts from the news story, in complete sentences; write a paragraph (5-8 sentences) stating your opinion about the news story● Thursday-- Read a chapter from a book of your choosing; write a 1-2 paragraph summary of the chapter.● Friday -- Go to the National Geographic Kids - Countries and read about Afghanistan. Write 5 new things you learned from the reading. Using information from the article, write a paragraph about what you would like or not like about living in Afghanistan. <p>Additional Resources</p> <ul style="list-style-type: none">● Complete days 1 - 5 on Scholastic Learn at Home<ul style="list-style-type: none">○ username: Learning20 password: Clifford● Virtually visit the Sno-Isle Library
Math	<p>15-30 minutes daily</p> <ul style="list-style-type: none">● Option: Complete iReady packet - p. 3 - 8● Option: go to Common Core Worksheets; select "sort by grade" (on the left); scroll down to 7th Grade, select The Number System, then 7.ns.1b or 7.ns.2b and finally a worksheet on adding integers or multiplying and dividing integers.● Option: go to khanacademy and create an account. Select your grade level, or math course. Start at the beginning with the "practice" problems; use the lessons and tips as needed to learn or review skills you forget.● Option: Go to Prodigy Games. Use your Google Account to sign up for an account. "Battle" with other students by completing math problems.● Option: Play a card game -- "Fractions War." with a partner, deal 2 cards; the one who can make the largest fraction first wins the hand; winner collects all 4 cards; when you run out of cards in your hand, use your winnings pile as your hand; play until 1 player runs out of cards.● Option: Practice math facts with cards. Divide the deck into 2 even piles. Decide on an operation (add, subtract, multiply, divide). Draw a card from each pile and use the operation to get the total. Time yourself and see if you can complete the pile faster than the time before.

Social-Emotional Learning	15-30 minutes daily <ul style="list-style-type: none"> • NBA Mindfulness Exercises • Staying Healthy • Family Conversation Prompts
Science/Social Studies	15-30 minutes daily <ul style="list-style-type: none"> • National Geographic Kids - Countries
Technology	15-30 minutes daily <ul style="list-style-type: none"> • code.org/ - Students have accounts in Clever • Google Applied Digital Skills
PE	30-60 minutes daily <ul style="list-style-type: none"> • Get Moving!
Art and Music	Select one content area to focus on for 15-30 minutes daily <ul style="list-style-type: none"> • Art lesson - ABC's of Printmaking • Chrome Music Lab
Other Family Resources	Go Hiking! <ul style="list-style-type: none"> • Washington Trails Association (find a trail anywhere near you!) • Washington State Park maps (parking needs Discover Park Pass) • Common Sense Media - Best Documentaries List