



Week 1: Optional Home Learning Guide - 1st Grade
[Accessing School Technology from Home](#)

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| <p>Reading and Writing</p> | <p>30-60 minutes daily</p> <ul style="list-style-type: none"> ● Complete days 1 - 5 on Scholastic Learn at Home <ul style="list-style-type: none"> ○ username: Learning20 password: Clifford ● i-Ready online lessons - Students have accounts in Clever ● Read a book of your child's choosing ● Virtually visit the Sno-Isle Library ● i-Ready packet - p. 8 - 36 |
| <p>Math</p> | <p>15-30 minutes daily</p> <ul style="list-style-type: none"> ● i-Ready online lessons - Students have accounts in Clever ● i-Ready packet - p. 3 - 10 <ul style="list-style-type: none"> ○ Dear Family ○ Estimada Familia ○ Minamahal na Pamilya |
| <p>Social-Emotional Learning</p> | <p>15-30 minutes daily</p> <ul style="list-style-type: none"> ● NBA Mindfulness Exercises ● Staying Healthy ● Family Conversation Prompts |
| <p>Science/Social Studies</p> | <p>15-30 minutes daily</p> <ul style="list-style-type: none"> ● Mystery Science - Why do baby animals look so cute? ● Mystery Science - Why are polar bears white? ● National Geographic Kids - Countries |
| <p>Technology</p> | <p>15-30 minutes daily</p> <ul style="list-style-type: none"> ● code.org - Students have accounts in Clever ● Keyboarding without Tears - Students have accounts in Clever |
| <p>PE</p> | <p>15-30 minutes daily</p> <ul style="list-style-type: none"> ● Get Moving! |
| <p>Art and Music</p> | <p>Select one content area to focus on for 15-30 minutes daily</p> <ul style="list-style-type: none"> ● A Drawing Adventure ● Chrome Music Lab |
| <p>Other Family Resources</p> | <p>Go Hiking!</p> <ul style="list-style-type: none"> ● Washington Trails Association (find a trail anywhere near you!) ● Washington State Park maps (parking needs Discover Park Pass) ● Common Sense Media - Best Documentaries List |