

# Island County Support, Social & Advocacy Groups



## Island County Parent to Parent

**What is Parent to Parent?** Parent to Parent offers Support, Resources, Networking and Educational Opportunities for Special Needs Families.


**Mission Statement:** Parent to Parent Programs offer emotional support and information about disabilities and community resources to parents who have a child with a disability or special health care need. We utilize trained veteran parents called "Helping Parents" who provide one-on-one support to newly diagnosed parents who have a child with similar needs.

Parent to Parent No Cost Services Include:  
Support  
Resources  
Newsletters  
Support Meetings  
Educational Workshops  
Social/Recreational Events  
Presentations in our community




Island County Parent to Parent Coordinator—Tiffany Wheeler-Thompson  
Contact Info: [t.wheeler-thompson@island.co.wa.us](mailto:t.wheeler-thompson@island.co.wa.us) (360)632-7539— Call or Text  
For updates on resources, events, articles and networking opportunities:  
[www.facebook.com/islandcountyparent2parent](http://www.facebook.com/islandcountyparent2parent)

### Monthly Groups

**\*Coffee & Conversations:** 2 options available   
1st Wednesday of the Month, 11am-Noon at Whidbey Coffee next to Wendy's in Oak Harbor.  
2nd Thursday of the Month, 11am-Noon at South Whidbey Commons Coffeehouse.  
Casual drop in and chat with others that "get it".  
Contact Tiffany with questions (360)632-7539


**\*PAMI: Padres Apoyando Motivando Informando:**  
(Grupo de apoyo para familias de niños con necesidades especiales) Primer Martes de Cada Mes:  
7:00-8:30pm, Aptitude Habilitation Services, Oak Harbor. Se provee cuidado de niños. Si tiene alguna pregunta, por favor comuníquese con: Liaza Ramos (787)529-6788 or [pamiespanol@gmail.com](mailto:pamiespanol@gmail.com)

**\*Whidbey Functioning Autism Social Group:**   
A group that meets for resources, support and social events for families with high functioning Autism and Asperger's, teens to adults. Contact Todd at [finart@whidbey.net](mailto:finart@whidbey.net) for more details

### \*People First of Washington:

People First is an advocacy and social group for adults with disabilities that want to meet others in their community. 2nd Thursday of the Month in Oak Harbor, location may vary. Contact Mike Ezell for location and time (360)678-7883

### Event Based Groups

**\*Whidbey Family Connections:**   
Connecting Whidbey Island families who support loved ones that experience developmental delays or medical conditions with resources, trainings and others in the community. Events and meetings are not scheduled regularly. For more information, contact Jaeme at (360)679-1039

### \*Father's Network - Island County Chapter:

The group does not meet regularly at this time but does attend the Annual Father's Network Conference every fall and participates in the Washington State Father's Network Campout every Father's Day weekend in Anacortes. Contact Mike Ezell for more information (360)678-7883

If you have questions, contact Tiffany Wheeler-Thompson, Parent to Parent Coordinator (360)632-7539