

Just log into family access(<https://www2.nwrdc.wa-k12.net/scripts/cjiip.exe/WService=woakhars71/fwemnu01.w>)
select "online forms"

You will be able to view and complete the online "Athletic Participation Packet"

Please read all of the information carefully and complete the forms to the best of your knowledge. Each step is required to be completed prior to moving to the next step and all steps must be completed prior to submitting your athletic participation packet. Hard copy physicals are still required. If you have any questions regarding these forms or your student's athletic eligibility please contact the athletic office at 360 279-5850.

The screenshot shows the Skyward Family Access interface. At the top left is the Skyward logo. To its right is the text "Family Access" and a search bar. Below the logo is a navigation menu with "Home", "Online Forms", "Calendar", and "Student Info". On the right side, there is a notification box with a red exclamation mark icon. The notification text reads: "An Online Form is now available to fill out. The Online Athletic Packets are now available for you to sign up for the 2019-20 school year. Athletic packets must be completed and submitted prior to the first practice. Fall sports begin August 21 for football and August 26th for all other fall sports. Fill out Online Form for [redacted]".

This screenshot is similar to the one above, but the "Online Forms" menu item in the left navigation bar is highlighted with a red box and a mouse cursor. A dropdown menu is visible below it, showing "OAK HARBOR HIGH SCHOOL" and a user profile icon with a redacted name. Below the profile icon, it says "2020 Athletic Packet" followed by the word "Open" in green and a "Fill Out Form" button. The notification box from the previous screenshot is still visible on the right side of the page.