

Broad View Elementary

# THE EXPLORER

PATH OF DISCOVERY

Joyce Swanson, Principal   ●   School Phone: 279-5250   ●   Attendance Line: 279-5295   ●   School Closure Line: 279-5060

A Caring Community Educating Every Student For Success

October, 2009

## CALENDAR

- October 20 PTA Meeting
- October 21 Kindergarten – Case Farms – Pumpkin Patch  
9:20 am – 10:20 am / 1:00 pm – 2:00 pm
- October 23 Hagel/Ernst – OH Fire Dept. 9:05 am – 11:20 am
- October 27 Fall Enrichment Ends
- October 29 Judd & Wafford/Roller Barn 9:15 am-11:30 am
- October 30 Book Fair – BVE Library 5:30 pm–8:00 pm
- October 30 Eigenraam & Aspery/Roller Barn 9:15-11:30 am
- October 30 Fall Festival – 5:30 pm – 8:00 pm
- November 1 Daylight savings ends – set clocks  
back 1 hour
- November 11 No School – Veteran’s Day
- November 12 Picture retakes
- November 19 Elementary Report Cards sent home
- November 26-27 No School Thanksgiving Break



Fall weather has arrived!!!

Please send your child to school in appropriate attire for outdoor recess: coats, jackets, hats, gloves, scarves, etc. Please put your child's name on the clothing items. Recess is outdoors rain or shine! Thank You!

## Welcome to New Staff

- Laurie Schiltz – 4/5
- Erin Lisa - Kindergarten
- Joyce Wafford – 2<sup>nd</sup> grade
- Judy Shellenbarger – 4<sup>th</sup> grade
- Mary Lawson – Food Service
- Jennifer Gruenwald – School Nurse



## WALK-A-THON 2009

Thank you to all who participated in the 2009-2010 Broad View Walk-a-thon. We raised over \$6,200.00.

- Top Class: Ms. Arnold - \$636.00
- Top Student – Kamryn Jordan - \$225.00
- Top Student per grade:
  - K: Hayden Joy - \$200.00
  - 1: Spencer Daniel - \$115.00
  - 2: Isabel Cochran - \$134.00
  - 3: Katie Jackson - \$110.00
  - 4: Heather Smith - \$200.00
  - 5: Alijah Nelson - \$165.00

Top Student in each grade: Tianna Jackson, Connor Lacey, Brooke Ausman, Zachary Badaouie, Tyler Gordy, Isaac Nichols, Sebastian Arias, Grace Chargualaf, Justin Erickson, Morgan Lamar, Emma Patenaude, Caelan Echeverio, Haven Brown, Anna Breck, Christian Vasileff, Ryan Vasileff, Jacob Hucko, Jacklyn Curtin, Veronica Fleming, Hannah Chmielewski

Top Staff member: Tracy Hagel



BOOK FAIR COMING TO BROAD VIEW!!!!

WHEN: OCTOBER 30, 2009  
TIME: 5:30 PM – 8:00 PM  
PLACE: BROAD VIEW LIBRARY



## DISCIPLINE PLAN

**The BVE Staff identified a need for an improved, school-wide discipline plan last spring. All staff attended a behavior workshop in September, 2009 and then voted 100% support a school-wide plan.**

**Components of the plan:**

- a. **Positive student-staff relations**
- b. **Clearly defined rules and procedures for all common areas and the classroom**
- c. **All expectations, rules and procedures are taught, practiced and reinforced**
- d. **Clearly defined consequences (positive and negative)**
- e. **School-home communication**

**Information about the plan will be taught to our students and sent home October 12-16. The plan will be implemented starting October 19, 2009.**



## Crosswalk Corner

As we embark on the 2009-2010 school, please remind yourselves and your fellow drivers of the expectations while the safety patrol is on duty. From the Washington Administrative Code the following statement refers to RCW 46.61.385:

**It shall be unlawful for the operator of any vehicle to fail to stop his vehicle when directed to do so by a school patrol sign or signal displayed by a member of the school patrol engaged in the performance of his duty and wearing or displaying appropriate insignia, and it shall further be unlawful for the operator of a vehicle to disregard any other reasonable directions of a member of the school patrol when acting in performance of his duties as such.**

Congratulations to the following fifth grade students who have been appointed and have taken their Safety Patrol Pledge and our now Broad Views 2009-2010 Safety Patrol. **Students from Ms. Bishop, Ms. McIntyre, Mrs. Schiltz, and Mrs. Obee 5<sup>th</sup> Grade Classes**

Sydney, Colby, Rachel, Samantha, Natalie, Hannah, Vanessa, Erica, Matthew, Haley, Cassey, Brendan, Kai, Ty, Peyton, Madison, Amber, Isaiah, Jacklyn, Kaila, Keandre, Emily S. Taylor, Cloe, Emily B.

These students will be outside providing a valuable service to the school through all kinds of weather by crossing all walkers in the morning and afternoon during the year. A special thank you goes to the parents of these students and to the drivers who also watch out for the patrol members while on duty.

Thanks,

Ms. Bishop  
Safety Patrol Supervisor/Advisor



## Dogs at School

Some families are walking their children to and from school and including the family dog. We encourage families to walk to and from school and family dogs are okay as long as they are safe around children and we follow School Board Policy. No animals may enter the school buildings without specific permission from the principal. The School Board Policy requires that any dogs that are going to be on campus must have evidence of current rabies vaccination as well as a health certificate from a licensed veterinarian. The health certificate needs to show proof of current vaccinations. Please call Principal Joyce Swanson for further information (279-5254).



## Bicycles For Reading

To promote reading, The Whidbey Island Masonic Lodge #15 is working with BVE to give away two bicycles, one for a girl and one for a boy. Tickets are deposited into a drawing box in the library. Two names will be drawn at an assembly held December 17, 2009



## ATTENDANCE

Successful students almost always have excellent school attendance; however, even the best students are occasionally ill. Please call the BVE attendance line 279-5295 before 9:30 am when your child will be late to school or if your child will be absent that day. If we had not received a call from you regarding your child's absence, you will get an automated phone message stating your child has been marked absent and you will need to call the school. A note is also required upon your child's return to school stating the reason for their absence. You can send a note with your child or e-mail their attendance note to [bveattendance@ohsd.net](mailto:bveattendance@ohsd.net).

## BROAD VIEW WEBSITE

Please check out our website, [www.ohsd.net/bve](http://www.ohsd.net/bve). You will find important information regarding activities at Broad View. We are also posting community flyers on our website now. We will no longer be sending home flyers regarding community events. They will be displayed under "District Flyers".



## NUTRITION POLICY (6700)

### **What can children eat during classroom celebrations and events?**

We appreciate the foods parents contribute for classroom events at Broad View and it's important that these foods meet the district's nutrition guidelines. This is a summary of the Oak Harbor School Board Policy regarding food given to students during school hours.

The school board recognizes childhood obesity has reached epidemic levels in Washington and throughout the country. Overweight children are at a higher risk for developing severe long term health problems, and overweight children are affected by discrimination, psychological stress, and low self-esteem. However, research indicates obesity and subsequent diseases are largely preventable through diet and regular physical activity. Research also indicates becoming physically active and maintaining a regular physical activity program significantly reduces the risk of some obesity, some cancers, diabetes and other chronic diseases. Children who eat well-balanced meals are healthier and more likely to learn in the classroom.

### **Teachers and families are asked to support this policy by providing food to students at school that meets the following requirements:**

- Does not exceed 40% of calories from fat. (Does not apply to nuts, seeds or cheese.)
- Is not comprised of more than 35% sugar. (Does not apply to fruits, vegetables, milk or juice.)
- Beverages may not be carbonated nor contain more than 25 grams of sugar.

### **EXPECTATIONS AT BROAD VIEW:**

1. Teachers will use either healthy foods or non-food items for treats for their classrooms.
2. Parents will follow the above guidelines when bringing food to school for special classroom events, celebrations and birthdays.
3. Food that doesn't meet the guidelines will be refused. If a parent brings food for a classroom event that doesn't meet the guidelines, the office staff will gently remind the parent about the nutrition policy and will ask the parent to take the food home. This includes cupcakes, cakes and other bakery goods.
4. You **can** create healthy cupcakes by altering a packaged cake mix – see recipe on next page.
5. As always, parents need to check with the classroom teacher first before bringing food or other items to school to share with a class for birthday celebrations. We have students at each grade level with food allergies and we must ensure their safety.
6. The principal will inform parents of the policy through monthly school newsletter reminders and

will consistently enforce the policy. (The BVE PTA supports this effort).

For a complete description of this school board policy, visit the Oak Harbor School District website and click on the lunch tab, then click on nutrition and fitness policy. The website address is: [www.ohsd.net](http://www.ohsd.net).

### **HEALTHY SNACK SUGGESTIONS:**

- Fresh vegetables (carrots, celery, tomatoes, broccoli, cauliflower, cucumber, etc)
- Fresh fruit slices (apples, bananas, kiwi, oranges, plums, cherries, melon, grapes, etc)
- Cheese and crackers
- Pretzels
- Sunflower seeds, raisins, granola
- Yogurt
- Fruit juice and frozen fruit bars
- Fruit smoothies
- Muffins homemade with bananas for sweetness; applesauce substituted for oil to limit fat content. Muffins made with carrot, corn, pumpkin, zucchini, apple, wheat bran, oat bran, sunflower seeds; etc. (Bakery muffins are known for very high fat content).
- Granola bars (watch for high sugar content)



Celebrating Halloween healthfully isn't about giving up all the treats. It's about bringing them into balance, especially since kids often have multiple celebrations: at school, at friends' houses, at day care, and in the community. Here are some ideas for healthy snacks and you can go to the BVE website for even more ideas.

Apple cider, water, apples w/yogurt dip, pumpkin muffins, roasted pumpkin seeds, or pumpkin dip with graham crackers(see recipe on web site).

### **Healthier Cupcake Recipe**

1 box cake mix (check the boxes for the lowest fat & sugar content)

Substitute applesauce for oil in a 1:1 ratio (canned pumpkin can be used in a chocolate cake recipe)

Substitute egg whites for half of the eggs (or 2 eggs for a 3 egg recipe), or use Egg Beaters instead of eggs

Bake according to directions on the box

**The kids won't know the difference :)**

**For frosting recipes that are a great alternative and a healthy pumpkin dip please check out our Broad View website.**

Dear Parents, Teachers, Building Occupants, and Employee Organizations:

Uncontrolled asbestos contamination in buildings can be a significant environmental and public health problem. Both the public and private sectors have been dealing with asbestos issue for many years. In 1986, Congress enacted the Asbestos Hazard Emergency Response Act (AHERA) that requires school districts to identify asbestos-containing materials (ACM) in their buildings and take appropriate action to control the release of asbestos fibers. In 1987, the U.S. Environmental Protection Agency (EPA) finalized a regulatory program, which enforces the AHERA.

In compliance with AHERA regulations, our school facilities have been inspected by an EPA accredited building inspector. During the inspection, samples were taken of building materials suspected of containing asbestos. The results of the inspection and laboratory analysis of the samples have confirmed the presence of Asbestos Containing Material (ACM) in portions of our school facilities. **It is important to note that these materials are in a form and condition that does not pose an imminent health threat to students, faculty or employees.**

With confirmation of the presence of asbestos containing material, an Asbestos Management Plan was developed for our schools and district by an EPA accredited management planner. The Management Plan includes inspection and physical assessment reports, a training program for our custodial and maintenance personnel, and plans and procedures to be followed to minimize disturbance of the asbestos containing material. Every three years, a reinspection by an accredited inspector must be conducted on all asbestos containing building material (ACBM) to determine whether the condition of the ACBM has changed, and to make recommendations on managing or removing the ACBM. The next scheduled EPA re-inspection is January 2010.

The following buildings, when constructed/remodeled, were abated from known asbestos containing materials, and *non* asbestos-containing materials was specified in the construction or reconstruction, therefore, no maintenance programs or future inspections are required in these buildings: Hillcrest Elementary, Oak Harbor Elementary North, both Midway/Transition portables, and North Whidbey Middle School.

During January 2007, the school district conducted a re-inspection of all school district facilities. A periodic surveillance inspection will be conducted every six months to check the condition of the remaining asbestos within the district and to determine if action is required.

For further details on the locations of the remaining ACBM or activities that involve ACBM, please see the district's Asbestos Management Plan in our maintenance office during regular office hours. Bruce Worley, Executive Director for Operations, is designated "Asbestos Coordinator," and inquiries regarding the district's plan can be directed to him at 360-279-5007.