

CAPTURE THE FLAG RULES

Teams must be equal.

The flag must NOT be touching the ground.

The flag must be visible.

You can't tie a flag to a piece of equipment (jungle gym, etc.).

No tripping, pushing or any other physical contact, unless trying to grab the flag. (accidents are OK.)

NO decoy flags.

Up to 7 flags are allowed on a belt.

You can't bring more than 1 person back from Jail.

A person who has the flag can hand-off the flag, but NO throwing.

The flag must be stationary to get captured.

If a person breaks a rule, that person is banished from the game for 1 day for each rule broken.