

# **SOCCER RULES**

- **When captains are choosing teams, they may pick only one person at a time and must alternate with the other team.**
- **After the game starts, students may join the game late IF they come in pairs and each joins a different team.**
- **No switching teams during the game.**
- **Play safely—no rugby, no tripping, no fighting, no name calling, no slide tackling.**
- **If someone tackles, pushes or trips, the other team gets a penalty kick. (A direct kick into the goal from the center of the goalie box)**
- **Only 1 goalie on each team at one time.**
- **The game is started with a kick. You may kick to someone on your own team.**
- **Hands may not be used on the ball during play (except by the goalie or during a throw-in).**
- **If someone touches the ball with a hand, the other team gets the ball on the spot for a free kick. If the ball is in the goal box when the rules are broken, the free kick will be from the edge of the goal box.**
- **Play stops if someone is injured. Captains will restart the game by dropping the ball between two players.**
- **If the ball goes out of bounds, the other team gets a throw-in at the sideline, or wherever the ball goes out.**